

# Employee Summer Clothing & Equipment List

- 1 Internal Frame Backpack (5000 - 5400 cubic inches)
- 1 Synthetic Sleeping Bag (0 degree rating)
- 1 Compression Stuff Sack for Sleeping Bag
- 1 Full-length Sleeping Pad (Insulate or Thermarest)
- 1 Long Sleeved Tee-Shirt (not cotton)
- 1 Medium Weight Long Underwear Set (100%polypropylene)
- 3-4 Pair Shorts
- 1 Pair Hiking Pants
- 1 Fleece Jacket
- 1 Wind and Rain Jacket (ventable or breathable)
- 1 Pair of Wind and Rain Pants
- 1 Water Bottle (1quart size)
- 1 Pair Hiking Boots (Medium Weight)
- 5 Pair Socks (100% wool/polyester blend)
- 2 Pair Sock Liners for Hiking
- Type III PFD & river rafting compatible (Personal Floatation Devise) Head rest preferred (If you have one)
- 1 Sun Hat (Full Brim)
- 8 Pair Underwear
- 1 Functional Swimsuit
- 1 Pair Sturdy Water Sandals
- 2 synthetic Tee-Shirts (No Logos)
- 2 Cotton Tee-Shirts (No Logos)
- 1 Pair of Sunglasses
- 1 Bath Towel
- 1 Toothbrush with travel case
- Lotion/Cream
- Journal/diary and pens (5x7 steno pad)
- Ground Tarp
- 1 Wool Hat
- 2 Bandanas
- 1 Pair Wool or Fleece Gloves
- 1 Clothing Stuff Sack
- 1 Pair Athletic Shoes
  - Old tennis shoes are O.K
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Bring as much of your personal backpacking gear as you see fit. Because we need to respect our residents' confidentiality, personal cameras and/or video equipment of any kind are not permitted.