



SUMMER PROGRAM GEAR & CLOTHING LIST

2014

EXPEDITION GEAR

Explorations will provide the necessary group gear for all participants. For the **SAFETY** and **COMFORT** of your son/daughter, it is extremely important this individual gear be sent or brought **upon or before arrival**. Most items may be purchased from retail outdoor stores such as REI, EMS or Sierra Trading Post. ****Please contact us for available items to borrow****

WARM LAYERS

- 1 Fleece Jacket
- 1 - 2 Fleece Hat/s

BASE LAYERS

- 2 – 3 Mid-weight base layer long sleeve tops (no cotton)
- 2 – 3 Mid-weight base layer bottoms (no cotton)

RAIN/WIND/SUN PROTECTION

- 1 Rain jacket with hood – good quality
- 1 Rain pants – good quality
- 1 Full brim quick-dry sun hat
- 1 Fleece pullover
- 1 Non-zip Nylon Hiking Pants
- 1 pair fleece or wool gloves

CAMP CLOTHES

- 2 short sleeve t-shirts (cotton ok)
- 1 pair Hiking shorts

FOOTWEAR

- 1 pair hiking boots
- 1 pair non-fashion tennis shoes (can get wet)

- 6 pair mid-weight wool socks

INDIVIDUAL GEAR

(Explorations can provide the following gear or student may bring personal)

- 1 Expedition sleeping bag /20 degree rating
- 1 Compression stuff sack
- 1 Type III PFD/Life jacket: river raft/class III: head rest preferred
- 1 Full length ground pad

OPTIONAL GEAR

- Backpacking towel
- Additional mid-weight base layer top/bottom
- Camp shoes: Crocs or similar with covered toes
- 1 – 2 pair synthetic sock liners
- 1 pair covered toe water sandals
- Backpacking Towel
- 1 – 2 synthetic short sleeve shirts

PERSONAL CLOTHING

These items are for use by your son/daughter while in HomeBase, between expeditions. Please refrain from sending anything that has logos, offensive script or gestures, drug, tobacco or alcohol references.

Please label all items.

- 2 short sleeve t-shirts (cotton or other) – NO logos
- 1 long sleeve t-shirt (cotton or other) – NO logos
- 1 pair WORK jeans (no designer, low rise or over-sized garments)
- 2 pair shorts
- 8 pair underwear
- 3 pair cotton socks
- 1 pair athletic/tennis shoes
- 2 bandanas
- 1 baseball style cap
- 1 belt
- 1 functional swimsuit (girls: one piece)
- 1 pair sunglasses (no designer or prescription)
- 1 bath towel
- 1 washcloth (optional)
- 1 toothbrush & travel case

PERSONAL ITEMS

Explorations will provide necessary toiletries and personal hygiene items, while students are on expedition and while in camp.

Please pack all prescription medications, OTC medicines, eye glasses and/or contacts in CHECKED luggage and notify our office that it has been sent.

ITEMS PARTICIPANTS SHOULD NOT BRING

- Knives
- Tobacco or Cigarettes
- Food
- iPod, iPad or similar
- Jewelry or watch
- Razors
- More than \$20
- Credit or debit cards